

Our Vision: To increase the standard, range and availability of public health training in the West Midlands, in order to improve the health of the region's population.



Tweet us @LPHWM

www.lfphwm.org.uk

NEWS from LPHWM

Since the last newsletter the LPHWM has gone through some changes not least in terms of staffing.

We wish previous LfPHWM network managers **Ginder Narle and Rachel Allchurch** all the best in their new ventures and **Rachel** with her new arrival in the New Year!

Helen O'Donnell (Public Health Network Coordinator) and **Rajdeep Atwal** (Public Health Network Support Officer) started in the summer and have spent time networking and developing a programme of workshops for you. This has been done with support from Public Health England West Midlands and Health Education England West Midlands. It will ensure all the events we offer are joined up and build on other events that you may have attended.

Learning for Public Health Website

We are currently in the process of redeveloping our website. We hope to include a better search engine, introduce webinars and store historic event information. We'll also include facilities that will enable everyone to network effectively with each other.

We hope for these exciting changes to be implemented by the end of March 2016, but in the meantime please feel free to check out our recently uploaded publications from our library.

http://www.lfphwm.org.uk/library/publications/doc_download/454-changing-climate-changing-diets-pathways-to-lower-meat-consumption

http://www.lfphwm.org.uk/library/publications/doc_download/453-the-health-of-the-51-women

http://www.lfphwm.org.uk/library/publications/doc_download/449-fat-chance-exploring-the-evidence-on-who-becomes-obese

Please make a note of the following events coming up in the New Year...

25 January 2016 - Living and Ageing Well

Venue: BVSC, 138 Digbeth, Birmingham

The day will include the results of the region wide Healthy Ageing and Frailty project, with examples of good practice and plenty of opportunities for discussion.

Registration is now open for this event. To book your places please use the following link:

<http://www.lfphwm.org.uk/member/Events>

10 Feb 2016- 0-19 Integration Partnership event between Public Health and Children Services

Venue: BVSC, 138 Digbeth, Birmingham

Save the Date – booking on line soon

11th March 2016 – Annual Public Health Excellence Conference.

“Health, wealth and jobs”

Venue: Molinex Stadium, Wolverhampton

Save the Date – booking on line soon

The following workshops are being planned – Dates to be released soon:

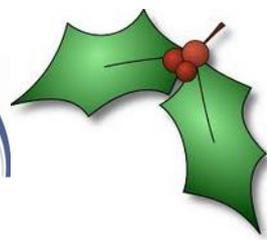
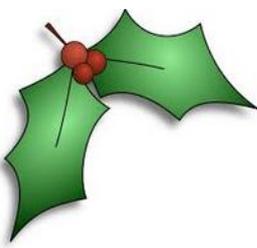
- **Getting people into Work**
- **Reducing Violence**

‘Essential Coaching Skills for Managers’

The coaching workshop was held on the 24th November 2015. The workshop was delivered by HEE to Public Health Managers. It focused on what coaching is and how it can be used effectively to boost performance in the workplace.

Here is a roundup of people's experience of the event

- ‘Interesting and thought provoking’*
- ‘Excellent Facilitation, great participants’*
- ‘Great insight into coaching skills’*
- ‘Very informative and a lot of interaction’*



ADPH West Midlands

Association of Directors of Public Health West Midlands network is now responsible for the management and strategic direction for LfPHWM.

The network aims to provide a voice for local government Public Health in the West Midlands through influence of public health legislation and policy at a local and regional level and will facilitate the sharing of ideas, best practice and problem solving in Public Health across the West Midlands.

We are planning a quarterly newsletter updating you on work that we have done, work we are planning and any forthcoming events

"If you have something you would like to share with the wider public health community or wish to become a stakeholder email us:

administrator@lfphwm.org.uk

Check out the website, we are posting daily, so they'll be something of interest for everyone! www.lfphwm.org.uk

Networks

LfPHWM supports three regional networks. The aim is to support the wider Public Health workforce to enable interprofessional learning, sharing of local practice and promoting innovation.

West Midlands Alcohol Licencing Licensing Network

This network is chaired by Dr Adrian Phillips. The steering group is now well established and meets quarterly. The network is currently looking at the role of public health, data and supporting both regional and national work.

At the next network meeting on the **6th January 2016**, James Nicholls will be attending to talk about Licencing, the role of public health and the Scottish Perspective. The network will running a Cumulative Impact Zones workshop on the **15th January 2016** which will explore CIZ research and policies.

West Midlands Health and Planning Group Network

The network is chaired by Deborah Harkins and is responsible for aligning public health and planning at a local level "To create and develop healthy and sustainable places and communities" in the West Midlands.

The next quarterly network meeting will take place on the **22nd January 2016**.

West Midlands Strategic Food Board Network

The network is chaired by Stephen Munday and is responsible for the strategic development and co-ordination of activities that support a healthy, sustainable food system across the region. The next quarterly network meeting will take place on the **27th January 2016**.

See our website for info:

www.lfphwm.org.uk/our-networks



Merry Christmas

From
Learning for Public Health